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## **Dayton Riverfest Sevens 12 June 2004**



Hosted by the Dayton Area Rugby Club

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# Acknowledgements

The Dayton Area Rugby Club would like to thank the following for their contributions to our 4th annual tournament:

David King  
Kevin Foley  
John Guhde  
Jay Lee  
Karin Groening  
Ben Longfellow  
Robert Quackenbush  
Matt Wuerstl

# Tournament Social

**Bargo's Tap and Grill**  
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# Welcome to the 4th annual Dayton Riverfest 7's

Welcome, and thank you for joining us for the 4<sup>th</sup> Annual Riverfest 7's Rugby Tournament. It is truly a pleasure and honor to have all of you with us completing in this tournament.

Our club's heritage and longevity is something that we are all very proud of and it is only because of our loyal visitors, fans, referees, and sponsors that we are able to bring you this Saturday of rugby. Every single one of us needs to take pride in this accomplishment and it is only because of our welcome guests and generous supporters that we are able to bring you this competition.

Included in this program are advertisements from all of the people that have given us their time, talents or resources to help enable us to continue our beloved summertime tradition. Please patronize these folks as they have again gone above and beyond the call of duty to support us. The ongoing generosity that we have seen throughout the years has been absolutely remarkable and is always put to good use. It is through this type of support that grass roots organizations like ours are able to endure.

For most of us, rugby has become an indispensable part of our lives that has helped us through the good times and the bad. It has taken us to many new places and introduced us to countless friendships from all corners of this planet. This sport consists of athleticism, fellowship, and esprit de corps and is what drives this fraternity of civilization and enables us to enjoy our comradeship both on and off the pitch. Some are here to experience a story-filled sally that will provide us with memories to last a lifetime while others are here to be matched up against some of the fiercest competition in the land with aspirations to be crowned champion.

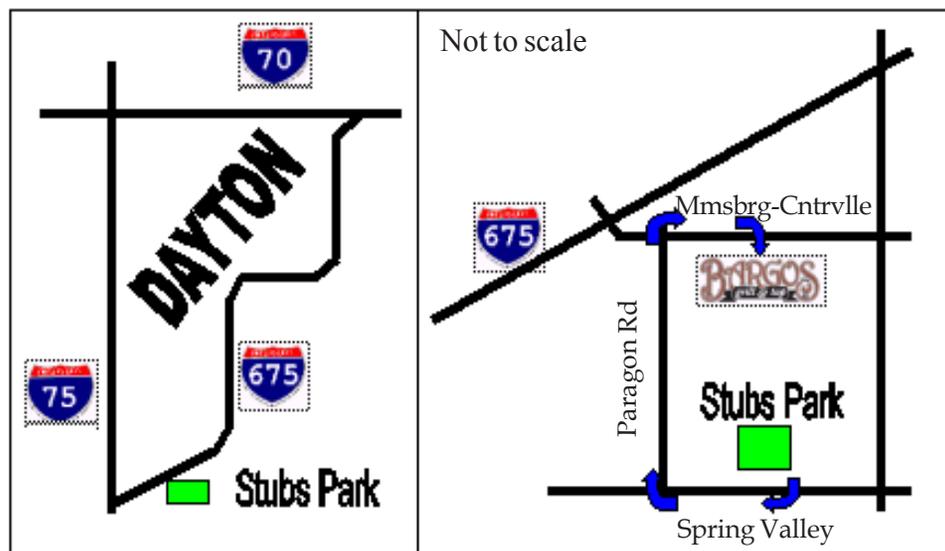
Words alone cannot express our gratitude and we certainly hope that your visit to Dayton is an exceptional and successful one. Let us know if we can do anything to make your visit here any more accommodating. Enjoy our facilities and please make plans to come back in 2005.

Good luck to all the athletes and teams competing today.

John Guhde, President  
Dayton Area Rugby Club

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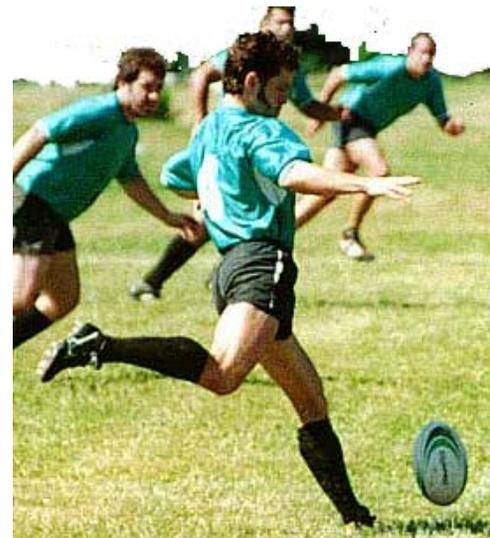


When this popular international sport reached American shores, it didn't take long for Yankee ingenuity to mess it up. After several early games of rugby at East Coast colleges, people like Walter Camp came along and emulated the "to heck with the rules" attitude of Ellis and threw the ball forward. A forward pass in rugby was unheard of, but it has become a staple of the American football game. Shortly after that point, leather was used to encase football players. Leather begot plastic, which now not only protects players from other players, but the players from the earth as well. Modern gridiron football is played on fields of plastic and other synthetic materials.



Ned Haig, born in Scotland 1858 is credited with inventing the game of

"Sevens." In 1883, Haig devised a seven-a-side tournament to make money for his club. "Want of money," he wrote later, made us rack our brains as to what was to be done to keep the club from going to the wall and the idea struck me that a tournament might be attractive. But, as it was hopeless to think of having several games in one afternoon with fifteen players on each side, the teams were reduced to seven men."



The first seven-a-side rugby tournament was held in Melrose, Scotland on April 28, 1883. The seven-team tournament was won by Melrose, who defeated Gala in overtime, one try to none.

# A Quick History of Rugby Football

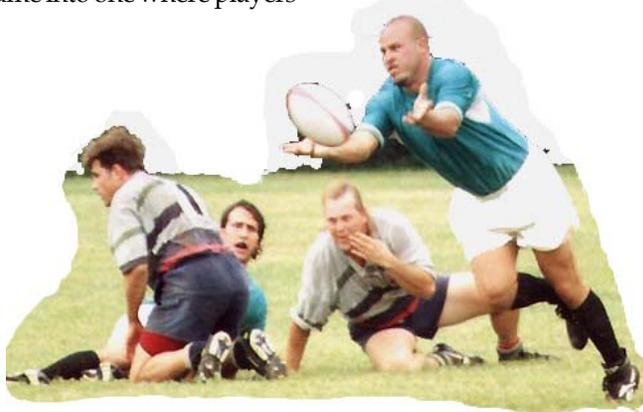
*By Will Sentar, Emil Signes & Tim Orenbuch*

Different types of football have been around a long time. As a matter of fact, some ancient indicators reveal that a sport involving a ball, people trying to kick it, run it, etc., has existed for over two thousand years. The following is a quick look at the evolution of the rugby union code. Of course, it is not our intent to cover every incident in 2000 years, but rather, some of the highlights.

From ancient times, men have sought diversion through sport. (Yes, there was a time before video games, VCR's, etc.). Early games featured battles that literally decimated towns, cities, states, villages, etc. Early soccer games used entire towns, and anything in the way of the horded playing in the game was left in peril or dead. Soccer as we know it today really didn't get under way until the tentacles of the Holy Roman Empire reached into what we know as Great Britain. Our Anglo cousins began refining the game into one where players could handle the ball under special circumstances. Specifically, players could catch a ball on the fly and then kick it forward to their opponent.

One April afternoon in 1823 at a place called the Rugby School in England, a young boy by the name of William Webb Ellis reportedly caught the ball and instead of returning it via a kick to his opponent, began to run at the opponent's goal line. He was described as having a "fine disregard for the rules of the game in his day." Although it is never told exactly how it occurred, we can imagine that after he picked up the ball, and was essentially cheating, several of the players from the opposing team came up and "dispatched" him with great force into the earth, thereby producing the first rugby football tackle. Sore Webb Ellis demonstrated to the world that mankind could survive such a crash, and the game of rugby football was invented.

Historically and tactically, rugby sits between soccer and American football. Rugby developed the idea of kicking at H shaped goal posts, carrying the ball forward, scoring touchdowns, and of course, tackling. Originally, the game was played with 15 players on each team.



# The History of Dayton Rugby

Rugby came to Dayton, Ohio in the fall of 1969 when a group of students from the University of Dayton played their first rugby match. Rugby at U.D. continues to this day.

Club rugby came onto the scene in 1973, with the founding of the Dayton Triangle RFC. The name quickly changed to the Miami Valley RFC, and later the Dayton RFC. At the same time the Wright State University RFC spun-off the Gem City RFC. Wright State's team then unfortunately folded (but has since been resurrected).

Growing out of the Miami Valley/Dayton RFC were the Wittenburg RFC and the Wright Patterson Air Force Base RFC. In the early 1980's the Dayton and Gem City Clubs merged to form the Dayton Argyles RFC. This arrangement lasted until the early 1990's when the Argyles merged with the WPAFB Jets to form what is now known as the Dayton Area Rugby Football Club. The team nickname, Flying Pigs, is a combination of the mascots: the Argyles wild boar and the WPAFB Jet.

The Flying Pigs are a Division II, nationally ranked club and play in the Southern Ohio League of the Midwest Rugby Union. Over the years Dayton rugby has been very successful. In Fifteens, the WPAFB were Military National Champions. The Dayton Argyles in their final season placed third in the Midwest Division II Championship. The Flying Pigs qualified for the Midwest Division II Championships in both 1994 and 1995, placing second in 1994. In the Spring of 1996 and 1997, they again qualified for the Midwest playoffs. Dayton has had success in Sevens as well, qualifying for the National Championship in 1984 and 1985. In 1993 the Dayton Rugby Club started a high school rugby club, which in the Spring of 1995 finished second in the Ohio High School Championships. In 1999, a women's side was formed.

At present this is a combined side with women from the Cincinnati Kelts. In 2002 the Cincinnati-Dayton women won the Midwest Division II Women's Championship and finished 3rd in a national championship tournament in 2002. In 2003, they repeated as Midwest Division II Women's Champions and finished 2nd in a national championship tournament.



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**Good luck  
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Cincy-Dayton  
ruggers!**

**Cheers, kristen the hooker**

**Good luck  
(insert appropriate  
team name) !  
From future ruggers,  
Kayla and Kiersten Butler**



## The Referee

The referee is the sole judge of fact and law...He cannot alter a decision. — Law 6(A.)(5)(a)

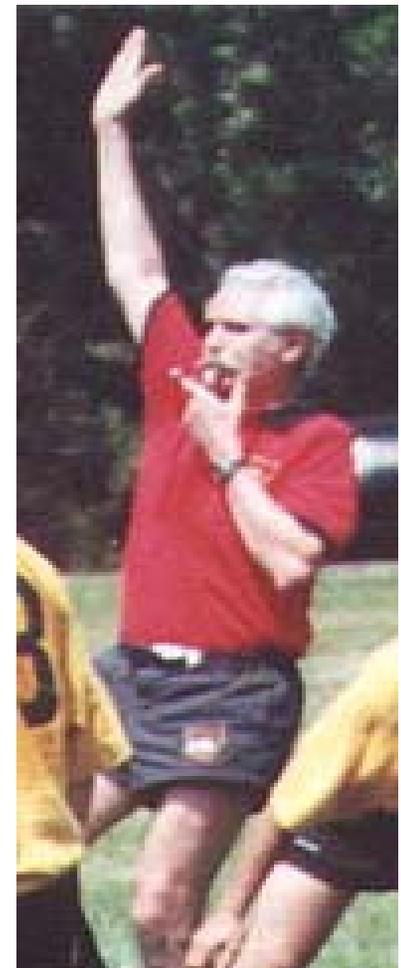
All players must respect the authority of the referee and must not dispute his decisions. — Law 6(A.)(6)

Each time 15 persons take the pitch, the one with the different colored shirt is playing by far the most difficult position. Most of the referees here this weekend are former players and all of them came for the same reasons the teams did — to enjoy the camaraderie of this great sport.

An American referee's task is far more difficult than that of his foreign counterpart. He must deal with athletes who grew up where on-the-field authority is openly scorned, especially in the heat of competition. These occasions will be evident when the referee walks off 10 meters for misconduct. No one is supposed to engage the official in conversation and even if it were permissible, the referee cannot alter a decision once it is made.

There will be any number of referees at this tournament of varying degrees of ability. In countries where rugby is a dominant sport, novice referees regularly see experts on television and emulate those performances. In America, events such as this one must serve that function. All of the referees are here to learn, usually from the referee that will handle the final match.

The players are also new to the sport and when some of the very new are spectating, they attempt to flaunt their "knowledge" of the laws by loudly criticizing the referee on the field in an attempt to impress novice spectators. What these people are actually doing is showing their ignorance of the official's difficult task. This is a class event, so none of that type should be here.



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## Tournament History

The inaugural Dayton Riverfest Sevens Tournament was held on Saturday June 16, 2000. The first tournament field saw 8 teams play a round robin tournament for a first place prize of five hundred dollars.

The final that year had Scioto Valley of Columbus, Ohio competing against Flying Pigs of Dayton, Ohio.

The second year of the tournament continued in an 8-team format. Scioto Valley was the number one seed and was expected to be the team to bet. The finals matched Scioto Valley against the University of Michigan in the finals. Scioto Valley won the tournament for the second year in a row.

Year three of the tournament found two new teams in the finals competing for the five hundred dollar prize. Indianapolis, Indiana versus the Worms of Ohio. Indy proved to be the stronger of the two teams, beating Worms.

Over the past three years this tournament has showcased some of the top teams from Ohio, Indiana, Kentucky and Michigan. Competition for first place is again expected to be fierce in 2004.

### PREVIOUS CHAMPIONS

- 2001 Scioto Valley (Columbus, Ohio)
- 2002 Scioto Valley (Columbus, Ohio)
- 2003 Indianapolis, Indiana

*Dayton Riverfest 7's  
Best of luck to you  
and your team*



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# Tournament Rules

1. All Teams must register for the Tournament, prior to 8:30 am at the tournament venue. Failure to register will result in forfeiture of deposit. Registration consists of completed roster/2003 CIPP release form and complete payment of all tournament fees.
2. All USARFU participants must:
  - ❖ Be CIPP registered for 2003 (both club and individual) Wear matching, USARFU directed kit (rugby jerseys, rugby shorts and socks)
  - ❖ Play for only one team during the tournament
  - ❖ Appear at the scheduled time of match with 7 players, and compete in a 14-minute rugby match.
  - ❖ Not do anything that would jeopardize the continuation of this tournament at this location on an annual basis.
3. Substitutions
  - ❖ Injured players may be replaced during the match
  - ❖ Any player deemed unable to continue, in the referee's judgment, is ineligible to participate again that day.
  - ❖ Masters will be allowed 4 substitutions at half (non injury)

A try is scored whenever the ball is touched down in an opponent's goal (the end zone) by a member of the attacking team. When the defending team touches the ball down in their own goal, however, one of two things happen:

- a) If the defending team took the ball in, the attacking team is awarded a scrum at the 5-meter line.
- b) If the attacking team put the ball over the goal line, a dropout is awarded (the equivalent of a touchback). The defending team must get the ball over the 22-meter line with a drop kick, after which either team can recover it. Both long kicks to gain territory, and short kicks to retain the ball, are used.

For major infringements, a team is given a penalty kick or a free kick at the point of infringement. The defending team must retreat ten meters from the spot of the penalty.

Penalty kicks, given for the most serious of these infringements, allow the team to kick directly for goal. A goal kick from a penalty is worth 3 points and is roughly equivalent to football's field goal. A team given the ball on a penalty may also kick the ball slightly forward, pick it up, then run or pass to another player.

At a free kick, the team may put the ball back into play, but may not kick directly for goal. Another formation often seen in sevens is the "maul", or standing tackle: one or more players from each team are bound onto the ball carrier and each other in a contest to maintain or seize possession. The referee will usually continue as long as the participants stay on their feet.

When the ball is moved into the open field, sevens strategy often resembles that of basketball. The team with the ball may continually move the ball around with active movement of the ball, probing the defense and hoping to get defenders moving the wrong way.

The defense may be man-to-man, zone, or more commonly, a combination of the two, similar to a "switching-man" defense in basketball.

Sevens is fast, high-scoring event, and it is not uncommon for a try to be scored every three minutes, or even more frequently.





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# The rules of sevens continued...

The ball may be run, passed laterally, or kicked at any time during play, but neither forward passing nor blocking are allowed. A tackled player brought to the ground must release the ball so that play can continue.

The ball is put into play by one of the following: a kickoff, a scrum, a lineout, a dropout, a penalty kick, or a free kick.

A kickoff begins both halves of the game and after each score; the team that did not score is required to kick off. The kickoff is required to travel 10 meters, and the long kickoff is an option in sevens.

Unlike football however, the short kick with the object of retaining possession for the kicking side (an onside kick in football), is the most common type of kick seen. With only 7 players to guard and area of more than 4000 square yards (as opposed to 11 guarding 2500 yards in football), as well as the fact that rugby has no fair catch, it is not uncommon for the kicking team to win its own kickoff.

For minor infringements, such as unintentional forward passes or “knock-ons” (ball dropped or knocked forward from hand or arm), the ball is brought back into play with a scrum. The inside halfback, the “scrumhalf” (equivalent to football’s quarterback) puts the ball into the middle of the scrum, which is formed by three forwards of each team making bodily contact with each other in a pseudo-wrestling formation. The center forward, the “hooker”, attempts to strike or hook the ball backwards for the scrumhalf to gather and pass back to the outside halfback, or “fly-half”, who in conjunction with the center and wing will attempt to use the ball creatively and effectively.

Whenever the ball goes out the field of play, a player of the team that did not touch the ball throws the ball into a line formed of two (occasionally three) players from each team. The ball must be thrown between the two teams and the opposing players in line (normally the prop forwards) contest the possession. The ball is then distributed to the backs.



4. **If a team uses a player from another team, that match is automatically forfeit and both offending teams are ineligible to advance to the championship round.**
5. **Matches begin at 9:00 am. Schedules will be strictly kept. A team must take the field for all scheduled matches. A try will be awarded for each three minutes of tardiness with a forfeit awarded after nine minutes. Any forfeit by a team results in a forfeit of deposit.**
6. **Advancing from pool play: The top finisher from each pool will advance to the flight of the championship round. The top finisher is defined as: the team with the best pool record. In the event of tied records within pools then: the first tiebreak is overall point differential (total points score minus total points scored upon) in pool play. Then most goals (converted tries) scored in pool play. Then most tries scored in pool play. The 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> flights, as necessary, will be filled using the same method for advancing.**
7. Each club must furnish a touch judge for their matches.
8. Tie matches in elimination play will be decided by a succession of 5-minute sudden death periods.
9. Any player ejected from a match is automatically prohibited from participating in the remainder of the tournament.
10. Matches will consist of 2 seven (7) minutes halves. Championship matches will be ten-minute halves.
11. There will be no sale of any items on the tournament grounds except those authorized by the tournament committee.
12. Failure to read and understand the tournament rules does not excuse the consequences of not following them.
13. **FAILURE TO ADHERE TO TOURNAMENT RULES RESULTS IN FORFEITURE OF DEPOSIT, AND DISQUALIFICATION OF SAID TEAM FROM THE CHAMPIONSHIP ROUNDS.**

# About Dayton

The Gem City, birthplace of aviation, site of the Bosnian peace talks, Dayton has left an indelible mark on the country and the world.

Named for Revolutionary War hero General Jonathan Dayton, the city was founded in April 1796 at the convergence of the Stillwater, Mad, and Great Miami Rivers. Our rivers have been an integral part of our history, from the canals that connected Dayton to Cincinnati and Lake Erie 1820's to the devastating flood of 1913, which led to the Miami Conservancy District, America's first comprehensive flood control project.

Dayton's most famous citizens have undoubtedly been Wilbur and Orville Wright, the bicycle shop owners who brought worldwide attention to Dayton



when they flew their airplane at Kitty Hawk North Carolina on December 17, 1903. Dayton is home to the National Aviation Historical Park, which includes the first flight school location at Huffman Prairie. Home to Wright Patterson Air Force Base, the area also has a number of

firsts in aviation including the first parachute jump, the first solo instrument landing, night flying advances, world altitude records, and pioneering in aerial photography.

The Wrights are not the only inventors calling Dayton home. Charles F Kettering gave our automobiles the electric starter and anti-knock gasoline. Floyd Smith developed the parachute. John Balsley the stepladder, E.T. Frazee invented the pull-tab and pop-top beverage cans. Other Dayton inventions include cellophane tap, human heart-lung machine, motorized wheelchairs, portable breathing resuscitators, and gas masks, electric cash registers, and self-contained refrigerators.

In 1995, the area was selected as the site of the peace talks ending the war in Bosnia-Herzegovina, and the resulting treaty is known to the world as the Dayton Accord.

# The rules of sevens: A guide for the uninitiated

*By Emil Signes and Tim Orenbuch*

Sevens is a variation of rugby in which each team fields seven players rather than the standard 15. The game is played on a full-size field, but the duration is reduced from 80 to just 14 minutes. Reducing the number of players produces a wide-open game with lots of scoring and excitement.

Rugby is played with a ball similar to a football. The rugby ball is fatter and lighter making it easier to kick, but more difficult to pass. Recently, new synthetic materials with roughened surfaces have made one-handed passing much easier.

A full sized rugby pitch is 70 meters wide, 100 meters between goal lines (75 x 110 yards) with 22-meter deep end zones ("in-goals" in rugby terminology). Rugby goal posts are similar to football posts, but usually much higher, and are located on the goal line (as was once the custom in football).

Sevens is usually played tournaments rather than dual competition, with individual games lasting only 14 minutes (20 for the final). With the intensity of play, this is usually enough to fatigue the players.

The object of sevens, as in football, is to cross the goal line with the ball. Unlike modern American football, but like the American football played at the beginning of this century, the ball must be touched down to score. (Thus the term "touchdown" in football). This score is called a try, worth 5 points, because the team gets to "try to convert (2 points) the score into a "goal" worth a total of 7 points, with a kick between the posts (similar to an extra point in football).



The conversion attempt is taken from a point directly back from where the try was scored. For example, if the ball is touched down near the sideline ("touchline"), the kicker must kick the conversion from the sideline, if the scorer touches the ball down between the posts, the kicker converts from the middle of the field. Today, all conversions will be drop kicks.

There are two other ways to score. A penalty kick, resulting from an opponents major infraction, or a dropkick, from any point in play, is worth 3 points. Because of the high rate of scoring tries in sevens, neither penalty kicks nor drop kicks are common in this variety of the game.



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# Tournament Schedule

8:00 am to 8:30 am	Check-in
9:00 am	Captains' Meeting
9:30 am to 4:00pm	Tournament Play
4:00pm to ????	Tournament Social at Bargo's



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# Tournament Brackets

