

## Affiliations

The Dayton Area Rugby Club is affiliated with the following organizations:

United States Rugby Football Union  
(USARFU)

Midwest Rugby Football Union  
(MWRFU)

Ohio Rugby Union (ORU)  
Southern Ohio League

League matches are played in the fall season. The league winners and runner-ups then compete for a Midwest championship in the spring season. A team must finish in the top three of the Midwest Tournament to qualify for the national championships.

League members are:

Cincinnati Kelts  
Dayton Area Rugby Club  
Lexington (KY)  
Louisville (KY)  
Queen City (Cincinnati)  
Indianapolis (IN)

The rugby club hot line # is:  
**(937) 276-DARC (3272)**

The hotline has important club announcements periodically. Anyone is welcome to leave a message regarding anything.

Our website has news, schedules and photos. The address is:  
<http://www.daytonrugby.com>

## Officers

### President:

John Guhde  
Home: (937) 256-6403

### Club Secretary:

Kevin Foley  
Home: (937) 396-0624

### Treasurer:

Eric Miller  
Home: (937) 885-5547

### Match Secretary:

Jason Henry  
Home: (937) 438-9159

### Member-at-Large:

Matt Wuerstl  
Home: (513) 897-0863

### Military Representative:

Kris Washington  
Home: (937) 222-3734

### Women's Representative:

Kristen Johnson  
Home: (937) 226-1620

### Men's Club Captain:

Steve Butler  
Home: (937) 848-7628

### Women's Club Captain:

Kelli Kirchner  
Home: (937) 237-1157

Please feel free to ask these officers questions at any time!

# Dayton Area Rugby Club



## Flying Pigs

# New member information

**Club Hotline: (937) 276-DARC**

**E-mail: [info@daytonrugby.com](mailto:info@daytonrugby.com)**

**Website: [www.daytonrugby.com](http://www.daytonrugby.com)**

# Play rugby!

# Welcome

The Dayton Area Rugby Club is a sports and social club. We are the latest incarnation of the city rugby clubs that have been in Dayton since 1973. Our primary purpose is to play and promote rugby union football in the Dayton area. We do this by playing two seasons a year: fall (league competition to qualify for the Midwest Tournament) and spring (Midwest Tournament then the National Championship).

We are a Division II club that plays in the **Midwest Rugby Union's Southern Conference**. From 1994-2001 we qualified for the Midwest Tournament. Our continuing goal is to qualify for the **National Championships**. Currently we field teams for men and women, with plans to add both high school and youth rugby teams.

We are sure you will like what we have to offer you both athletic competition and social interaction. It is our hope that you will want to be a part of the club and help us achieve the goals we have set. We know you will have a great time with us.

## Practices and matches

Fall season runs from late August to early November. Spring season runs from mid-March to the end of May. Training for each season begins about a month before the first match. We also have winter fitness training that begins in January at Stebbins High School (Harshman Rd at Valley St.).

Men and women train Tuesday and Thursday evenings from 6:30 to 8:30. During daylight savings time (the first weekend in April-to the last weekend in October) Training is held at Eastwood Park (located on Harshman Road at Route 4). In early spring and late fall we train at Founders Field at the University of Dayton (located on Evanston at Kiefaber). For the current training location, check the website, [www.daytonrugby.com](http://www.daytonrugby.com).

Our home field is at Eastwood Park. Men's matches are played on Saturdays at 1:00 pm. Women's matches usually begin at 11:00 am. There may also be a second or B-side match following the men's game.



## On The Road

One fact of life on a rugby team is that we play matches in other cities. These “road trips” are the source of some great times and fond memories. We travel for the road games in car pools. The players will meet at a designated place and time, then leave for the match. We usually return home the same day after a post match visit to the opponent's clubhouse or bar. Occasionally, there are longer trips where we stay overnight with the players splitting the hotel room costs. Sometimes club members chip-in and hire a bus for longer trips. We know you will enjoy these trips and hope your first road trip is a memorable one.

## After The Game

A great rugby tradition is hosting the visiting team at your clubhouse or bar. We hold our “drink- ups” at The Fieldhouse, located at 1126 Brown St. (near the University of Dayton). Our parties consist of food and drink (both beer and soda). The visitors get first shot at the food, then we dig-in. On some occasions a sing-song breaks out and then we have another challenge on our hands. We must out sing the other team.

## Dues

The club is financed by club members, including players and sponsors. Club members pay dues and work at fundraisers that help fund the club. Club dues are separated into three groups; which are full member, social member, and high school member. The respective club dues are \$50 for full member; \$25 for social member; and \$30 for high school member. All dues are on a per season basis. Rookies are provided with rugby shorts and socks after they have paid dues for the first time.

In addition to the club dues, each player pays an additional \$25 for CIPP (national, territorial, and local) dues, which must be paid prior to playing in your first match. Spring season dues are due by March 1; Fall season dues are due by September 1.

# The Side

A rugby team is known as a side. It consists of fifteen players divided into two groups, which are the forwards and the backs.

The forwards, also known as the pack, are responsible for winning ball possession for the team. There are eight forwards, and their positions and respective numbers are:

1. Loosehead Prop
2. Hooker
3. Tighthead Prop
4. Lock (a.k.a. Second Row)
5. Lock (a.k.a. Second Row)
6. Closeside Flanker (a.k.a. Wing Forward)
7. Openside Flanker (a.k.a. Wing Forward)
8. Number Eight

The first five listed are known as the tight forwards or tight five. The last three are known as the loose forwards.

The backfield is made up of seven players, and their job is to move the ball down field and score or set up a score. They are the runners of the team and are usually the fastest players on the squad. The back's positions and respective numbers are:

9. Scrumhalf (a.k.a. Halfback, Inside Half)
10. Flyhalf (a.k.a. Outside Halfback, First Five-Eights)
12. Inside Center (a.k.a. First Center, Second Five-Eights)
13. Outside Center (a.k.a. Second Center, Third Five-Eights)
11. Wing (a.k.a. Three-Quarter Back)
14. Wing (a.k.a. Three-Quarter Back)
15. Fullback

We generally use the first title when referring to positions.

## Now the choice is yours!

# A History of Dayton Rugby

Rugby Football came to Dayton, Ohio in the fall of 1969 when a group of University of Dayton students played their first rugby match. UD continues to play rugby to this day.

Club rugby came onto the scene in 1973, when the Miami Valley Rugby Football Club (RFC) was founded. Later the Miami Valley RFC changed its name to the Dayton RFC. At the same time, Wright State University RFC spun off the Gem City RFC. Unfortunately, Wright State's team later folded, while Wittenberg RFC and Wright Patterson Air Force Base RFC were growing out of the Dayton RFC.

In the early 1980s, the Dayton RFC and Gem City RFC merged to form the Dayton Argyles RFC. This arrangement lasted until the early 1990s when Dayton and Wright Patterson merged to form what we know as the **Dayton Area Rugby Club**. The team nickname is "Flying Pigs", which was chosen as a merger of the Argyles' "Boar" and WPAFB's "Jet".

Over the years Dayton rugby has been very successful. In Fifteens, the WPAFB were Military National Champions. The Dayton Argyles in their final season placed third in the Midwest Division II Championship. The Flying Pigs qualified for the Midwest Division II Championships in both 1994 and 1995, placing second in 1994. They have qualified for the Midwest Division II playoffs every year since 1994. Dayton has had success in Sevens rugby as well, qualifying for the National Championship in 1984 and 1985.

The women's team was founded in 1999 by Lola Akinmade. The women have been very successful, winning the Midwest Division II Women's Championship and finishing third in the nation in 2002.

We hope you will enjoy playing rugby in Dayton like many players before you.

## WELCOME TO OUR CLUB !!!

# What is rugby ?

If you are new to the sport of rugby, here is the short version of the game.

Rugby is a kicking, passing, and tackling game that originated in England in the 1820s. Legend has it that William Web Ellis “with a fine disregard for the game of football (soccer), as played in his day, picked up the ball and ran with it.” This having been done at Rugby

School gave the sport its name, when players began using the “Rugby Rules” of football. Rugby is played in two forms: Union, which was played by amateurs until summer of 1996; and League, which is a professional game. The game is very popular in the British Isles, France, Australia, New Zealand, and South Africa. It is, however, a world wide sport. Rugby is the direct ancestor to American Football, which is known as gridiron in most rugby playing nations.



The game is played on a grass field that is 100 meters (110 yards) long and 69 meters (75 yards) wide. The ball is oblong like an American football, but is approximately 24 inches at its widest, making it easier to kick. Since blocking is illegal, heavy padding is not allowed to be used. A rugby uniform consists of a jersey, shorts, and cleated boots.

Play starts with a kickoff, and the aim of the game is to carry and ground the ball over the try line (goal line) or kick the ball over the goal post crossbar. The ball is advanced by running, kicking, and passing. Forward passes are not permitted. Therefore, players pass the ball laterally or behind them. A player must immediately release the ball when tackled. The ball may then be played by the nearest player



of either team by picking it up or heeling the ball to a teammate.

Play is continuous except when interrupted by a rules infraction or when the ball goes “in touch” (out of bounds). When the ball goes into touch, it is put back into play by a lineout. At the



lineout, the eight forwards line up one meter apart in parallel lines five meters from the touch line. A player, from the side that did not put the ball into touch, throws the ball between the two lines, and both teams then struggle for possession. If play is interrupted by a minor rules infraction, or the ball stops making progress, or possession of the ball is unclear, the referee calls for a scrum. In the scrum, eight players from each team bind together in a 3-4-1 formation facing the other team’s goal. Then the two groups put the ball between the two front rows who heel the ball out of the scrum to their teammates.



Points are scored when a ball carrier crosses the try line and

grounds the ball. This is known as a try and is worth five points. The conversion kick, after the try, is taken at a spot on a straight line from where the ball was grounded in the in-goal (end zone). If good, the kick is worth two points. Three points are earned by a drop-goal (drop kicking the ball over the crossbar in open play) or by a penalty goal (place kick after a major rule violation).

